

Nora Bonesteel's **RECIPES**

Sweet Potato Biscuits



Ingredients

3½ cups all-purpose flour
2 tablespoons brown sugar
1 tablespoon baking powder
½ teaspoon baking soda
1 teaspoon salt
½ cup cold butter, cut into sections
1 cup cooked sweet potatoes, cooked and mashed
½ cup buttermilk

Instructions

Preheat oven to 450 degrees.
Line a baking sheet with parchment.
Cook the sweet potatoes, if you haven't already. Microwaving is okay.
Stir together: flour, brown sugar, baking powder, baking soda, and salt.
Add the butter to the dry mixture, stirring until mixture has a crumbly texture.
Stir in the sweet potatoes and then slowly add the buttermilk.
Knead the dough on a lightly floured surface, a total of five times. Pat the kneaded dough until it has a thickness of ¾-inch.
Using a biscuit cutter (round, and about 3 ½ inches in diameter) cut the dough into biscuit shapes.
Bake the biscuits in the 450-degree oven for 12 minutes or until browned.
Let them cool outside the oven for 5 minutes before removing them from the sheet.

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The Scripture Cake



The Scripture cake is an old frontier tradition; in my novel *The Rosewood Casket*, Nora Bonesteel bakes the cake to take to a funeral. In the old days a prospective bride was given the recipe and told to make the cake, but instead of having ingredients written down, the recipe consisted of a series of Bible verses. She had to look up each verse to learn which ingredient was needed. (Example: 4½ cups of 1st Kings 4:22: “And Solomon’s provision for one day was thirty measures of fine *flour*, and threescore measures of meal.” When the bride made the cake, her future mother-in-law learned two things: whether she could read and whether she could cook.

Use the King James Version (KJV) scripture to make this Scripture Cake.

Ingredients

4½ cups 1 Kings 4:22
1 cup Judges 5:25
2 cups Jeremiah 6:20
2 cups 1 Samuel 30:12
2 cups Nahum 3:12
2 cups Numbers 17:8
2 Tbsp. 1 Samuel 14:25
¼ tsp. Leviticus 2:13
½ cup Judges 4:19
2 Tbsp. Amos 4:5
6 Jeremiah 17:11 (medium-sized)

Instructions

Mix ingredients together.
Bake at 350 degrees for 50 minutes or until toothpick comes out clean.